

BLOOD TYPING LAB ANSWERS Textbook

Blood Typing Lab Answers: A Comprehensive Guide to Understanding Blood Typing Tests

Blood typing lab answers are essential for students, healthcare professionals, and anyone interested in understanding how blood types are determined and why this process is critical. Blood typing labs not only help identify an individual's blood group but also play a vital role in medical procedures such as blood transfusions, organ transplants, and pregnancy management. This article provides a detailed explanation of blood typing labs, the typical answers obtained, and their significance in medical science.

Introduction to Blood Typing

Blood typing is a laboratory process used to identify an individual's blood group based on the presence or absence of specific antigens on the surface of red blood cells. The primary blood group systems include the ABO system and the Rh system, with other systems like Kell, Duffy, and MNS also playing roles in compatibility testing.

Understanding blood typing is crucial because incompatible blood transfusions can cause severe reactions, including hemolytic shock and death. Therefore, accurate blood typing is a cornerstone of safe transfusion practices.

Understanding the Blood Typing Lab Procedure

The blood typing lab typically involves mixing a small sample of the individual's blood with specific antibodies (antisera) that react with certain antigens:

- Anti-A serum: reacts with A antigens
- Anti-B serum: reacts with B antigens
- Anti-Rh (Anti-D) serum: reacts with Rh (D) antigen

The reactions are observed for agglutination (clumping), which indicates the presence of the corresponding antigen.

Standard Steps in Blood Typing Lab

- Preparation: A small blood sample is placed on a slide or in microtubes.
- Addition of antisera: Drops of anti-A, anti-B, and anti-Rh sera are added to separate portions of the blood sample.
- Observation: The mixture is gently mixed and observed under a microscope or visually for agglutination.
- Interpretation: Based on the reactions, the blood type is determined.

Typical Blood Typing Lab Answers Explained

The answers from a blood typing lab are based on the presence or absence of agglutination in each test. Here are common results and their interpretations:

Blood Type A

- Anti-A: Agglutination observed
- Anti-B: No agglutination
- Anti-Rh: Agglutination observed (if Rh-positive)

Interpretation: The individual has A antigens on their red blood cells and Rh antigen if agglutination occurs with anti-Rh serum.

Blood Type B

- Anti-A: No agglutination
- Anti-B: Agglutination observed
- Anti-Rh: Agglutination observed (if Rh-positive)

Interpretation: The blood contains B antigens and possibly Rh antigen.

Blood Type AB

- Anti-A: Agglutination
- Anti-B: Agglutination
- Anti-Rh: Agglutination (if Rh-positive)

Interpretation: The individual has both A and B antigens and possibly Rh antigen, making them universal plasma recipient.

Blood Type O

- Anti-A: No agglutination
- Anti-B: No agglutination
- Anti-Rh: Agglutination (if Rh-positive)

Interpretation: The blood lacks A and B antigens but may have Rh antigen.

Common Blood Typing Lab Answer Scenarios

Below are some typical scenarios with their corresponding answers:

- Scenario 1:

- Anti-A: Agglutination
- Anti-B: No agglutination
- Anti-Rh: Agglutination

Answer: Blood type A positive (A+)

- Scenario 2:

- Anti-A: No agglutination
- Anti-B: Agglutination
- Anti-Rh: No agglutination

Answer: Blood type B negative (B?)

- Scenario 3:

- Anti-A: Agglutination
- Anti-B: Agglutination
- Anti-Rh: No agglutination

Answer: Blood type AB negative (AB?)

- Scenario 4:

- Anti-A: No agglutination
- Anti-B: No agglutination
- Anti-Rh: No agglutination

Answer: Blood type O negative (O?)

Importance of Accurate Blood Typing

Accurate blood typing is critical for:

- Safe blood transfusions: Preventing hemolytic reactions caused by incompatible blood.
- Organ transplants: Ensuring compatibility to avoid rejection.
- Pregnancy: Identifying Rh incompatibility which can lead to hemolytic disease of the newborn.
- Forensic science: Identifying individuals based on blood characteristics.

In a laboratory setting, incorrect interpretation of blood typing results can have serious health consequences, emphasizing the importance of careful analysis and understanding.

Common Mistakes and How to Avoid Them

- Misreading agglutination: Agglutination should be clear; faint reactions might be overlooked or misinterpreted.
- Contamination: Cross-contamination of antisera can lead to false reactions.
- Incorrect sample handling: Ensure the blood sample is fresh and properly prepared.
- Mislabeling samples: Always double-check labels to prevent mix-up.

Tips for students and lab technicians:

- Observe reactions carefully and record results meticulously.
- Use controls to verify antisera functionality.
- Repeat tests if results are ambiguous.

Conclusion: Mastering Blood Typing Lab Answers

Understanding blood typing lab answers is fundamental for ensuring safe medical practices and advancing knowledge in hematology. By mastering the interpretation of agglutination reactions and recognizing the significance of each blood type, students and professionals can contribute to accurate diagnostics and effective patient care.

Whether you're preparing for exams, working in a laboratory, or simply seeking to expand your understanding, grasping the principles behind blood typing lab answers empowers you to make informed decisions and appreciate the complexity behind what might seem like simple test results.

Remember: Always prioritize precision and safety when dealing with blood typing procedures, and use this knowledge responsibly to support health and well-being.

Blood Typing Lab Answers: An Expert Overview

Understanding blood typing is fundamental to numerous aspects of medicine, from safe blood transfusions to forensic investigations and donor compatibility. For students, healthcare professionals, and laboratory technicians alike, mastering the principles behind blood typing labs is essential. This article offers a comprehensive, in-depth review of blood typing lab answers, providing clarity on procedures, interpretations, and common pitfalls?crafted in a tone that combines educational clarity with expert insights.

Introduction to Blood Typing

Blood typing is a laboratory process used to determine an individual's blood group based on the presence or absence of specific antigens on the surface of red blood cells (RBCs). The most well-known system is the ABO blood group system, complemented by the Rh factor (Rhesus factor).

The Significance of Blood Typing

Knowing blood type is critical for:

- Safe blood transfusions
- Organ transplantation
- Pregnancy management
- Forensic investigations
- Blood donation programs

Incorrect blood matching can lead to hemolytic reactions, which can be life-threatening. Therefore,

accurate blood typing is crucial, and the lab answers derived from these tests are foundational to patient safety.

Blood Typing Lab Procedures and Their Interpretations

Understanding the core procedures and how to interpret their results is vital. Here, we explore the typical steps involved and what each outcome indicates.

Materials and Reagents Used

- Blood sample: Usually a small drop of blood from the patient or donor.
- Anti-A serum: Contains antibodies that react with A antigens.
- Anti-B serum: Contains antibodies that react with B antigens.
- Anti-Rh (Anti-D) serum: Contains antibodies to determine Rh factor.
- Control samples: Often included to validate test accuracy.
- Glass slides or test cards: For mixing blood and reagents.
- Sterile applicators: To transfer blood and reagents.

Procedural Steps

- Preparation of the Test Sample

A small drop of blood is placed onto each designated area of the test slide.

- Addition of Reagents

- Drop anti-A serum onto the blood sample designated for A antigen testing.
- Drop anti-B serum onto the B antigen testing area.
- Drop anti-Rh serum onto the Rh testing area.

- Mixing and Observation

Using separate sterile applicators, mix the blood with each reagent thoroughly, then observe for agglutination.

- Interpreting Results
- Agglutination (clumping) indicates a positive reaction for that antigen.
- No agglutination suggests absence of that antigen.

Deciphering Blood Typing Results

This section delves into how to interpret typical test outcomes, with sample scenarios illustrating the logic behind blood type determination.

Sample Result Interpretation

Test Area	Observation	Interpretation	Possible Blood Type
Anti-A	Agglutination	A antigen present	A
Anti-B	No agglutination	B antigen absent	A
Anti-Rh	Agglutination	Rh factor present	Rh positive

Result: The blood type is A positive (A+).

Common Blood Type Combinations and Their Lab Answers

Understanding the typical outcomes for each blood type helps in quick and accurate interpretation:

- Blood Type A
 - Anti-A: Agglutination
 - Anti-B: No agglutination
 - Anti-Rh: Varies (positive or negative)
- Blood Type B

- Anti-A: No agglutination
- Anti-B: Agglutination
- Anti-Rh: Varies

- Blood Type AB

- Anti-A: Agglutination
- Anti-B: Agglutination
- Anti-Rh: Varies

- Blood Type O

- Anti-A: No agglutination
- Anti-B: No agglutination
- Anti-Rh: Varies

Note: The Rh factor's presence (positive) or absence (negative) is determined separately through the anti-Rh test.

Understanding False Results and Troubleshooting

Even with straightforward procedures, false positives or negatives can occur. Recognizing common issues enhances the accuracy of blood typing lab answers.

Potential Causes of False Results

- Contamination of reagents or samples: Cross-reactivity or unintended reactions.
- Improper mixing: Insufficient or vigorous mixing can lead to inconsistent results.
- Expired reagents: Degraded antibodies reduce reaction sensitivity.
- Improper storage: Temperature fluctuations affect reagent integrity.
- Weak antigen expression: Some individuals express low antigen levels, leading to weak reactions.

Tips for Accurate Interpretation

- Always include controls to confirm reagent functionality.
- Observe carefully for agglutination?sometimes it appears as a weak or microclumping.
- Confirm weak or questionable reactions with additional testing.
- Cross-check results with clinical history or previous blood tests when available.

Advanced Blood Typing Techniques and Lab Answers

While slide testing is standard, some labs employ more sophisticated methods, such as:

- Tube Testing Method
 - Uses test tubes with specific reagents and centrifugation for enhanced clarity.
 - Provides more definitive results, especially with weak antigens.
- Gel Card Method
 - Utilizes gel matrices for agglutination, improving sensitivity.
 - Results are easier to interpret with less ambiguity.
- Molecular Blood Typing
 - DNA-based techniques determine blood type based on genetic markers.
 - Useful in complex cases, such as weak antigen expression or rare blood groups.

Practical Application of Blood Typing Lab Answers

Accurate lab answers inform critical decisions:

- Blood transfusions: Ensuring compatibility reduces risk of hemolytic reactions.
- Pregnancy management: Identifying Rh incompatibility helps prevent hemolytic disease of the fetus.
- Donor-recipient matching: Facilitates safe organ transplants.
- Forensic analysis: Blood typing can assist in criminal investigations.

Conclusion: Mastering Blood Typing Lab Answers

Blood typing lab answers are more than mere observations; they are the culmination of methodical procedures, proper reagent use, and keen interpretation. Whether in educational settings or clinical practice, the accuracy of these answers directly impacts patient safety and treatment outcomes. By understanding the principles, mastering the steps, and recognizing potential errors, students and professionals can confidently decipher blood typing results, ensuring effective and safe medical interventions.

In summary, blood typing labs serve as a cornerstone of transfusion medicine, forensic science, and clinical diagnostics. The answers derived from these labs hinge on meticulous technique and careful interpretation. As technology advances and new methods emerge, the foundational knowledge of traditional blood typing procedures remains essential for accurate, reliable results.

Question What is the purpose of a blood typing lab? The purpose of a blood typing lab is to determine an individual's blood group (A, B, AB, or O) and Rh factor (positive or negative) by analyzing their blood sample using specific antibodies. **Answer** How does blood typing help in medical emergencies? Blood typing is crucial in emergencies to ensure compatible blood transfusions, preventing adverse reactions and saving lives by matching donor blood with the recipient's blood type. What are the main blood group systems tested in a blood typing lab? The main blood group systems tested are the ABO system and the Rh factor system, which together determine a person's complete blood type. What do agglutination reactions indicate during blood typing? Agglutination reactions indicate a positive test for specific antigens on the blood cells, helping identify the blood group based on which antibodies cause clumping. Why is it important to know both ABO and Rh blood types? Knowing both ABO and Rh types is essential to prevent incompatibility during transfusions, as mismatched blood can cause serious reactions or hemolytic disease. What are common sources of error in a blood typing lab? Common errors include improper mixing of blood and antibodies, contamination, incorrect labeling, or reading the agglutination results incorrectly. Can blood type change over a person's lifetime? No, a person's blood type is genetically determined and remains constant throughout their life. How do blood typing tests work at a molecular level? Blood typing tests work by adding specific antibodies to blood samples; if the corresponding antigen is present on red blood cells, it causes agglutination, indicating a positive reaction. What are the safety precautions during a blood typing lab? Safety precautions include wearing gloves, using sterile equipment, properly disposing of blood samples, and avoiding any splashes or contact with blood to prevent infections. How can blood typing be used in forensic science? Blood typing can be used in forensic science to identify or exclude suspects by analyzing blood evidence from crime scenes based on blood group characteristics.

Related keywords: blood type, ABO system, Rh factor, antigen, antibody, blood group, blood sample, lab results, blood compatibility, serology

basics of blood management

Basics of Blood Management

Blood management is a critical aspect of modern healthcare, encompassing strategies and practices aimed at ensuring the optimal use, conservation, and safety of blood and blood products. Effective blood management not only improves patient outcomes but also minimizes risks associated with transfusions and conserves vital blood resources. This comprehensive guide explores the fundamental concepts, techniques, and importance of blood management in clinical settings.

Understanding Blood Management: An Overview

Blood management involves a multidisciplinary approach that integrates clinical practices, patient assessment, blood conservation techniques, and safety protocols. It aims to reduce unnecessary transfusions, enhance patient care, and ensure that blood products are available when needed.

Definition of Blood Management

Blood management refers to the systematic, evidence-based practices used to optimize the use of blood and blood components, minimize transfusion-related risks, and promote patient-centered care.

Objectives of Blood Management

- Minimize unnecessary blood transfusions
- Improve patient safety
- Optimize blood utilization
- Reduce blood wastage
- Enhance clinical outcomes
- Ensure blood product safety and compatibility

Core Components of Blood Management

Effective blood management comprises several essential elements that collectively improve transfusion practices and patient outcomes.

1. Patient Blood Management (PBM)

Patient Blood Management involves individualized assessment and intervention strategies to improve a patient's hemoglobin levels and overall health status before, during, and after surgery or

medical treatment.

Key aspects include:

- Preoperative anemia management
- Optimization of coagulation
- Minimizing blood loss
- Postoperative recovery strategies

2. Blood Conservation Techniques

Implementing methods to reduce blood loss and conserve blood during surgical and medical procedures.

Common techniques include:

- Use of minimally invasive surgical techniques
- Application of topical hemostatic agents
- Controlled hypotension during surgery
- Use of cell salvage systems
- Pharmacological agents (e.g., tranexamic acid)

3. Blood Product Selection and Compatibility

Ensuring the correct matching of blood types to prevent transfusion reactions.

Key points:

- ABO and Rh compatibility testing
- Cross-matching procedures
- Use of leukocyte-reduced and irradiated blood components when necessary

4. Transfusion Safety and Monitoring

Ensuring the safety of blood transfusions through rigorous testing, proper administration, and post-transfusion monitoring.

Safety measures include:

- Donor screening
- Testing for infectious diseases
- Proper storage and handling
- Vigilant monitoring for adverse reactions

Principles of Blood Management

Understanding and applying core principles are vital for effective blood management.

1. Judicious Use of Blood

Transfuse only when clinically indicated, based on evidence-based guidelines and patient-specific factors.

2. Minimizing Blood Loss

Apply surgical and medical techniques to reduce bleeding.

3. Optimizing Patient's Hematologic Status

Treat underlying causes of anemia, such as nutritional deficiencies or chronic disease, before considering transfusion.

4. Safe and Appropriate Transfusion Practices

Follow strict protocols for blood compatibility, administration, and monitoring.

Importance of Blood Management in Healthcare

Implementing effective blood management practices has numerous benefits:

- Patient Safety: Reduces the risk of transfusion reactions, infections, and immunomodulation.
- Resource Conservation: Ensures efficient use of blood supplies, reducing wastage.
- Cost-effectiveness: Decreases healthcare costs associated with transfusions and complications.
- Improved Outcomes: Enhances recovery, reduces hospital stay, and promotes overall patient well-being.
- Public Health Impact: Contributes to the sustainable management of blood resources globally.

Steps in Blood Management Process

A typical blood management process involves several sequential steps:

- **Assessment and Planning:** Evaluate the patient's condition, hemoglobin levels, and surgical or medical needs.
- **Preoperative Optimization:** Treat anemia, optimize coagulation, and plan surgical techniques to reduce blood loss.
- **Intraoperative Management:** Employ blood conservation techniques and monitor blood loss meticulously.
- **Postoperative Care:** Continue monitoring hemoglobin levels, prevent bleeding, and consider transfusion if necessary.

Role of Healthcare Professionals in Blood Management

Effective blood management relies heavily on the collaborative efforts of various healthcare professionals:

- Hematologists: Provide expertise on blood disorders and transfusion medicine.
- Surgeons and Anesthesiologists: Implement blood conservation techniques during procedures.
- Nurses: Monitor patient response and manage transfusions safely.
- Laboratory Technicians: Conduct compatibility testing and blood screening.
- Hospital Administrators: Ensure policies, training, and resources are in place for safe blood management.

Challenges and Future Directions in Blood Management

While significant progress has been made, several challenges persist:

- Limited blood supplies in certain regions
- Risk of transfusion-transmitted infections
- Managing rare blood types
- Ensuring adherence to guidelines

Future directions include:

- Development of synthetic blood substitutes
- Advanced blood screening technologies
- Personalized medicine approaches

- Enhanced patient education and awareness

Conclusion

The **basics of blood management** encompass a comprehensive set of strategies aimed at optimizing the use of blood products, minimizing associated risks, and improving patient outcomes. By understanding the core principles—judicious use, blood conservation, safety, and patient-centered care—healthcare providers can ensure efficient and effective transfusion practices. As advancements continue, the goal remains to provide safe, sustainable, and personalized blood management solutions that benefit both individual patients and the broader healthcare system.

Keywords: blood management, patient blood management, blood conservation, transfusion safety, blood transfusion, blood products, hemoglobin, blood compatibility, blood safety protocols, blood conservation techniques

Basics of Blood Management: A Comprehensive Guide for Healthcare Professionals and Patients

Blood management is a critical aspect of modern healthcare, encompassing strategies and practices designed to optimize the use of blood and blood components to improve patient outcomes. In an era where blood safety, efficiency, and resource conservation are paramount, understanding the basics of blood management is essential for clinicians, surgeons, and even informed patients. This guide aims to provide a detailed overview of the fundamental principles, techniques, and considerations involved in blood management, highlighting its significance in clinical settings.

Introduction to Blood Management

Blood management refers to a multidisciplinary approach aimed at reducing unnecessary blood transfusions, ensuring patient safety, and conserving blood resources. It involves a combination of preoperative, intraoperative, and postoperative strategies to minimize blood loss and enhance the body's natural ability to recover from anemia or blood loss.

Historically, blood transfusions have been a cornerstone of supportive care in various medical conditions, from trauma to surgery. However, over the years, the focus has shifted toward evidence-based practices that promote judicious use of blood, avoiding potential risks such as transfusion reactions, infections, and immunomodulation.

The Importance of Blood Management

Effective blood management has several key benefits:

- Patient Safety: Reduces risks associated with transfusions, including transfusion reactions, infections, and immunological complications.
- Resource Conservation: Saves valuable blood supplies, which are often limited and costly.
- Cost-effectiveness: Minimizes healthcare expenses related to blood procurement, testing, and storage.
- Improved Outcomes: Enhances recovery and reduces hospital stay durations by preventing unnecessary transfusions.

Core Principles of Blood Management

The basics of blood management hinge on three interconnected principles:

- Optimizing Hemoglobin Levels Preoperatively or Pre-treatment
- Minimizing Blood Loss During Procedures
- Enhancing the Patient's Ability to Tolerate Anemia

Let's explore each in detail.

Preoperative Blood Management Strategies

Preparation before surgery or treatment is vital to reduce the need for transfusions.

1. Anemia Screening and Treatment

- Screening: Routine testing for anemia allows early detection of low hemoglobin levels.
- Treatment: Correcting anemia preoperatively with iron supplementation (oral or intravenous), vitamin B12, or erythropoietin stimulating agents improves patient resilience to blood loss.

2. Patient Optimization

- Addressing nutritional deficiencies.
- Managing chronic illnesses that may contribute to anemia.
- Discontinuing medications that impair clotting (e.g., anticoagulants) when appropriate.

3. Planning and Patient Blood Management (PBM) Programs

- Developing individualized plans to optimize patient outcomes.

- Educating patients about blood conservation strategies.

Intraoperative Blood Management Techniques

During surgery or invasive procedures, steps are taken to reduce blood loss:

1. Surgical Techniques

- Use of meticulous hemostasis (e.g., cautery, clips).
- Employing minimally invasive surgical methods where possible.
- Application of topical hemostatic agents.

2. Blood Conservation Devices

- Cell Salvage: Collecting and reinfusing the patient's own blood lost during surgery.
- Controlled Hypotension: Lowering blood pressure temporarily to reduce bleeding.

3. Pharmacologic Agents

- Antifibrinolytics: Drugs like tranexamic acid or aminocaproic acid help stabilize blood clots.
- Desmopressin: Used in specific cases to promote clotting.

Postoperative Blood Management

After surgery, focus shifts to recovery:

- Monitoring hemoglobin and hematocrit levels.
- Continuing iron or erythropoietin therapy if indicated.
- Avoiding unnecessary blood transfusions unless clinically justified.
- Using restrictive transfusion thresholds based on evidence-based guidelines.

Blood Transfusion: When Is It Necessary?

While blood transfusions can be lifesaving, they are not without risks. Indications for transfusion typically include:

- Hemoglobin below a certain threshold (often
- Significant ongoing bleeding.
- Hemodynamic instability or signs of tissue hypoxia.

Decision-making should always involve a careful assessment of risks and benefits, and whenever possible, alternatives should be considered.

Alternatives to Transfusion

To reduce reliance on transfusions, several alternatives are utilized:

- Pharmacologic agents (e.g., antifibrinolytics, erythropoietin).
- Volume expanders: Crystalloids or colloids to maintain blood pressure.
- Autologous blood donation: Patients donate their own blood prior to elective procedures.
- Bloodless surgery techniques: Employing the strategies outlined above to avoid transfusion altogether.

Safety and Ethical Considerations

Ensuring blood safety involves rigorous screening for infectious agents and proper storage. Ethical considerations include respecting patient autonomy and cultural or religious beliefs regarding blood transfusions.

The Future of Blood Management

Advances in technology and research are continuously shaping the field:

- Development of synthetic blood products.
- Improved blood conservation devices.
- Personalized medicine approaches to optimize individual patient care.

Conclusion

The basics of blood management encompass a comprehensive set of practices aimed at reducing unnecessary blood transfusions, enhancing patient safety, and conserving precious blood resources. From preoperative optimization, intraoperative techniques, to postoperative care, each stage plays a vital role in effective blood management strategies. As healthcare continues to evolve, a multidisciplinary approach rooted in evidence-based practices will remain fundamental in ensuring optimal patient outcomes while safeguarding blood supplies for those in critical need.

Remember: Effective blood management is not just about avoiding transfusions; it's about ensuring that every patient receives the safest, most appropriate care tailored to their needs. Whether you're a healthcare professional or a patient seeking understanding, embracing these principles contributes to safer, more efficient healthcare experiences.

Question What is blood management and why is it important? Blood management involves the strategies and practices used to optimize the use of blood and blood products, ensuring patient safety, reducing unnecessary transfusions, and conserving blood resources. What are common methods used in blood management? Common methods include preoperative anemia assessment, minimizing blood loss during surgery, using blood conservation techniques, and applying evidence-based transfusion practices. How can preoperative anemia management improve blood management outcomes? Treating anemia before surgery with iron therapy or other interventions reduces the likelihood of transfusions, leading to better patient outcomes and conserving blood supplies. What is Patient Blood Management (PBM)? PBM is a multidisciplinary approach aimed at optimizing a patient's own blood volume and health to reduce the need for allogeneic blood transfusions and improve clinical outcomes. Why is restrictive transfusion strategy recommended in blood management? Restrictive strategies, such as transfusing only when hemoglobin levels fall below a certain threshold, reduce unnecessary transfusions and associated risks without compromising patient safety. What role do blood conservation techniques play in blood management? Techniques like intraoperative cell salvage, minimizing surgical bleeding, and using pharmacologic agents help conserve blood and reduce transfusion needs. How does proper blood management impact patient safety? Effective blood management minimizes transfusion-related complications, reduces infection risks, and improves overall patient recovery and outcomes. What are the benefits of implementing blood management protocols in hospitals? Benefits include reduced blood product usage, lower healthcare costs, improved patient outcomes, and better resource allocation. What are the challenges faced in implementing blood management programs? Challenges include limited resources, lack of staff training, resistance to change, and the need for multidisciplinary coordination and institutional support.

Related keywords: blood transfusion, blood collection, blood safety, blood components, blood donation, blood testing, blood storage, blood typing, blood compatibility, blood conservation

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